



## **Snoring / Sleep Apnea Devices**

At Mabel Dental Lab we offer a variety of different devices to help eliminate snoring and sleep apnea. Below are several of the different devices that we recommend along with their prices. If you have any questions, please do not hesitate to contact us.

### **aveoTSD Anti-Snoring Device - \$165**



Stop snoring! The aveoTSD® (Tongue Stabilizing Device) mouthpiece is a simple, low-cost treatment for problem snoring. Unlike traditional mandibular advancement devices that indirectly move the tongue forward by moving the mandible, the aveoTSD gently suctions onto the tongue, preventing it from falling back into the throat and obstructing the airway. It is even indicated for edentulous patients and patients who suffer from TMJ. Best of all, the aveoTSD requires no impressions or adjustments, has no moving parts, and it can be delivered the same day a patient agrees to **snoring treatment**.

Made of soft ISO 10993 medical-grade silicone, the aveoTSD is available in three sizes: small, medium and large. The standard medium size fits 90 percent of patients. The remaining 5 percent of patients require the small or large aveoTSD. Two sizes of clip-on Uni-Spacers provide extra titration and are indicated for patients with longer than average tongues. Health professionals can purchase the aveoTSD Health Professional Patient Sizing Kit (\$289) to properly fit the device for patient comfort and fit.

### **Silent Nite® Slide-Link - \$125** (add \$5 for blue, pink or green)



Snoring can be a real problem, not only for the person who snores, but for the partner and other family members who live with the snorer. However, there is a dentist-prescribed solution for a more restful night's sleep: Silent Nite® sl. This affordable device is flexible, thin and comfortable for your patients, and it exhibits documented clinical success in mitigating or even **preventing the disruptive, unhealthy effects of snoring and sleep apnea**.

Silent Nite sl positions the lower jaw forward using special S-shaped connectors that are attached to upper and lower trays. These trays are comprised of a soft inner layer with a hard outer layer that is durable and BPA-free. The new, improved connectors are stronger than those found on the original Silent Nite and are easily interchangeable by the

patient. This clear intraoral appliance is indicated for patients with a minimum of eight teeth per jaw and a body mass index (BMI) of 30 or less.

Answering both patients' and doctors' requests for a more visible, personalized solution, the Silent Nite sl is now offered in three additional color options: blue, green and pink. With the increased prominence of these standout hues, the appliances are much easier to locate when they are out of the mouth.

To determine the patient's starting anteriorization, a bite registration should be taken using the sl-protrusion gauge (\$30 for 10 gauges). The sl-protrusion gauge is designed to directly register the appropriate mandibular advancement (protrusion) for the patient receiving the Silent Nite sl. The elastic framework adapts to the bending of the bite plane and is intended to provide easy removal of the vinyl polysiloxane registration material afterward. Bending the gauge should not affect the accuracy of the registration, which helps to ensure a clinically precise result. If for any reason proper registration is unattainable, the Silent Nite sl can also be manufactured on occluding models.

### **TAP® 3 Elite for Snoring & Sleep Apnea**

- TAP: \$319
- TAP 3 TL: \$369
- TAP 3 Elite: \$389



The TAP® 3 Elite is the newest addition to the TAP family of appliances for the treatment of snoring and Obstructive Sleep Apnea (OSA). Based on the same principle as cardiopulmonary resuscitation (CPR), the TAP (Thornton Adjustable Positioner) was designed to keep the airway open to allow for air to pass. A constricted or collapsed airway causes snoring and OSA. The TAP device holds the lower jaw in a forward position, preventing the soft tissue of the throat from collapsing and obstructing the airway to reduce snoring and improve breathing.

Each TAP device consists of an upper and lower tray that fit over the teeth. Fitting more comfortably in the mouth than the original TAP, the TAP 3 TL and TAP 3 Elite feature smaller hardware that provides more room for the tongue and allows the lips to close. On the TAP 3 TL, a hook mechanism attached to the upper tray fits into a socket attached to the lower tray and positions the lower jaw forward. Allowing for a greater range of lateral movement than previous designs, the TAP 3 Elite features a simple hook mechanism attached to the upper tray slides under a bar attached to the lower tray and positions the lower jaw forward. Three hook sizes offer increased range of adjustment. An adjustment key enables the patient to adjust the protrusion of the lower jaw while wearing the device until a comfortable and effective position is achieved.

### **EMA - \$209**



The EMA® (Elastic Mandibular Advancement) oral appliance is a customized removable appliance created for the noninvasive treatment of snoring and Obstructive Sleep Apnea (OSA). The appliance is designed to both advance the mandible and open the bite to allow for less restricted airflow during sleep.

EMA devices help promote a deeper, more restful sleep by preventing snoring and relieving the symptoms of OSA. The EMA does not interfere with breathing through the mouth, even in cases of congested nasal passages. It has many options for advancement with nine strap lengths and four different elastic tension options. Non-restricted lateral/protrusive movement and improved movements of the jaw are possible while wearing the device due to varying elastic bands.

### **Additional Information**

- 6 working days in lab *(excluding the day we receive the case, holidays and weekends)*
- **FREE Shipping** included for all cases *(to and from your office)*
- Add \$25 for any snoring/sleep apnea appliance acrylic build-up.